



# Club Memory<sup>®</sup>

Stigma-free,  
informal, supportive  
and social

## WHO

- For people with memory challenges and their care partners (spouse, partner, neighbor, family or friend).
- You may join Club Memory whether or not you have already been to the doctor and they have told you that you have a memory problem.

## WHAT

Join us if you are struggling or have concerns about your memory. Your care partner is welcome to join you. Our programs provide engagement and various activities:

- **Brain Games**
- **Conversation**
- **Music**
- **Reminiscing**

*This program does not provide medical care or advice.*

## WHEN

We meet via Zoom and in person or you may join us over the phone on weekdays.

## WHERE

Club Memory serves all wards in the District of Columbia.

## CONTACTS

To join Club Memory, please contact one of the program managers:

Sharon Sellers  
**Sseller7@jhmi.edu**  
202-660-6957

Marisela Bolanos  
**Mbolano3@jhmi.edu**  
202-660-5604