## **NOVEMBER 2024**

## **CALENDAR OF EVENTS**

## Activity Coordinator: ELOUISE HOOKER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Genevieve N. Johnson Senior Day Care Program Lisa Thomas, Project Manager 4817 Blagden Avenue, N.W. Washington, DC 20011 (202) 723-8537 Main Number (202) 726-1474 Fax			Caregivers Lounge Wednesday November 13th 5:00 – 7:00 PM	National Family Caregivers Month	All Saints Day 1 10:00 A.M. Coffee, Tea & News 10:30 A.M. Arts & Crafts 11:00 A.M. Arts for the Aging 12:00 P.M. Chat/Chew 1:00 P.M. Yoga w/Beth	2
We Love Fall	10:00 A.M. Coffee, Tea & News 10:30 A.M. Discussion-King Tut 11:00 A.M. YMCA Exercise 12:00 P.M. Chat/Chew 1:00 P.M. OT Stim w/HU OTD	10:00 A.M. Coffee, Tea & News 10:00 A.M. Treasured Memories w/ SLP UDC 10:30 A.M. Senior Trivia 11:30 A.M. Seated Stretches 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno	National Nacho Day 6 10:00 A.M. Coffee, Tea & News 10:30 A.M. Health Promotions w/Nurse Padgett 11:00 A.M. Strength Training w/Dion 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture 1:00 P.M. Circle of Friends w/Lillian	7 10:00 A.M. Coffee, Tea & News 10:30 A.M. Dollar Store Trip 10:30 A.M. Bittersweet Chocolate w/Almonds Day 11:00 A.M. Sing-a-Long 12:00 P.M. Chat/Chew 1:00 P.M. In-house Bowling	8 10:00 A.M. Coffee, Tea & News 10:30 A.M. Movie & Popcorn 11:00 A.M. Art Therapy w/ Dominique 12:00 P.M. Chat/Chew 1:00 P.M. Veterans Day Celebration	9
VETERANS DAY  11  NOV  HONORING ALL WHO SERVED	GNJ CLOSED IN OBSERVANCE OF VETERANS DAY	12 10:00 A.M. Coffee, Tea & News 10:00 A.M. Treasured Memories w/UDC SLP 10:30 A.M. Smoothies w/Andrain 12:00 P.M. Chat/Chew 1:00 P.M. Men's Group w/Dexter 1:00 P.M. Ladies Red Hat Club	13 10:00 A.M. Coffee, Tea & News 10:30 A.M. Health Promotions w/Nurse Padgett 11:00 A.M. Strength Training w/Dion 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture 1:00 P.M. Pokeno	14 10:00 A.M. Coffee, Tea & News 10:30 A.M. Sightseeing Trip 11:00 A.M. National Pickle Day/ Sample different types of Pickle 12:00 P.M. Chat/Chew 1:00 P.M. In-house Bowling	15 10:00 A.M. Coffee, Tea & News 11:00 A.M. Arts for the Aging 12:00 P.M. Chat/Chew 1:00 P.M. Yoga w/Beth	16 11:00 A.M 1:00 P.M. Caregivers Support Group Conference Call Only 1-425-436-6355 Passcode: 799162
17	18 10:00 A.M. Coffee, Tea & News 10:30 A.M. Senior Trivia 11:00 A.M. YMCA Exercise 12:00 P.M. Chat/Chew 1:00 P.M. Psychosocial Group w/Lillian SW 1:00 P.M. OT Stim w /HU OTD	19 10:00 A.M. Coffee, Tea & News 10:00 A.M. Treasured Memories w/UDC SLP 10:30 A.M. Discuss Current Affairs 11:00 A.M. Reminiscent Corner 12:00 P.M. Chat/Chew 1:00 P.M. Monthly Birthday Party	10:00 A.M. Coffee, Tea & News 10:30 A.M. Health Promotions w/Nurse Padgett 11:00 A.M. Strength Training w/Elouise 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture 1:00 P.M. Bingo	21 10:00 A.M. Coffee, Tea & News 10:30 A.M. Bend & Stretch 11:00 A.M. Club Memory w/Sibley 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno	Team Jersey Day! 10:00 A.M. Coffee, Tea & News 10:30 A.M City Tour Ride 10:30 A.M. Arts & Crafts 12:00 P.M. Chat/Chew 1:00 P.M. Chair Volleyball	23
24	25 10:00 A.M. Coffee, Tea & News 10:30 A.M. Senior Trivia 11:00 A.M. YMCA Exercise 12:00 P.M. Chat/Chew 1:00 P.M. OT Stim w/HU OTD	10:00 A.M. Coffee, Tea & News 10:00 A.M. Treasured Memories w/UDC SLP 10:30 A.M. Pie Making w/Elouise 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno	10:00 A.M. Coffee, Tea & News 10:30 A.M. Giving Thanks 11:00 A.M. Nutrition Talk w/Laura 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture 1:00 P.M. Bingo	Center Closed 28  Happy Thanksgiving	29 10:00 A.M. Coffee, Tea & News 10:30 A.M. Buy Nothing Day 11:00 A.M. Aroma Therapy 12:00 P.M. Chat/Chew 1:00 P.M. Karaoke w/Dion	Give Thanks