






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Caregivers Support Lounge Wednesday July 10th & 24th 5:00 - 7:00 PM</p>	<p>1</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Trivia 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno</p>	<p>2</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Dollar Store Trip 11:00 A.M. Exercise w/staff 12:00 P.M. July 4th Cookout 1:00 P.M. Bingo</p>	<p>3</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture Jewelry Design</p>	<p>INDEPENDENCE DAY 4 Center Closed</p> 	<p>5</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Arts & Crafts 11:00 A.M. AFTA 12:00 P.M. Chat/Chew 1:00 P.M. Jack Pot Bingo w/\$\$</p>	<p>6</p> 
<p>7</p> 	<p>8</p> <p>10:00 A.M. Coffee, Chat 10:30 A.M. Senior Trivia 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno</p>	<p>9</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Exercise w/staff 11:00 A.M. Safe Practices for Home Delivered Meals w/Food Jonezi 12:00 P.M. Chat/Chew 1:00 P.M. Bingo 1:00 P.M. Circle of Brothers w/Dexter</p>	<p>..... 10</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture Jewelry Design 1:00 P.M. Circle of Friends w/Lillian</p>	<p>11</p> <p>10:00 A.M. Coffee, Tea & Chat 10:30 A.M. Think Fast Games 10:30 A.M. 7-11 Store Trip 11:00 A.M. Exercise w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Link Senior "Spin & Solve"</p>	<p>12</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Olympics IONA 11:00 A.M. Art Therapy w/Dominique 12:00 P.M. Chat/Chew 1:00 P.M. Yoga w/Beth 1:00 P.M. Circle of Friends w/Inga</p>	<p>13</p> 
<p>14</p> 	<p>15</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Trivia 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno</p>	<p>16</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. GNJ Senior Olympics 11:00 A.M. What's New Nutrition Fact Label w/D Lundy, RD 12:00 P.M. Chat/Chew 1:00 P.M. Bingo</p>	<p>17</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture Jewelry Design</p>	<p>18</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Air & Space Museum 11:00 A.M. Exercise w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Link Senior "Spin & Solve"</p>	<p>19</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Walk n Stroll 11:00 A.M. AFTA 12:00 P.M. Chat/Chew 1:00 P.M. Yoga w/Beth</p>	<p>20</p> <p>11:00 A.M. Virtual Only Caregivers Support Group</p> 
<p>21</p> 	<p>22</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Senior Trivia 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Psychosocial Group w/Social Workers</p>	<p>23</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Read Aloud 11:00 A.M. Exercise w/Elouise 12:00 P.M. Chat/Chew 1:00 P.M. Monthly Birthday Party w/DJ Bill Crews</p>	<p>24</p> <p>10:00 A.M. Coffee, Tea & Chat 10:30 A.M. Daily Chronicles 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture Jewelry Design 1:00 P.M. AFTA</p>	<p>25</p> <p>10:00 A.M. Coffee & Comics 10:30 A.M. Think Fast Games 11:00 A.M. Exercise w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Band of Brothers w/Dion 1:00 P.M. Link Senior "Spin & Solve"</p>	<p>26</p> <p>10:00 A.M. Coffee, Tea 10:30 A.M. Walk n Stroll 11:00 A.M. AFTA 12:00 P.M. Chat/Chew 1:00 P.M. Link Senior "Match Game"</p>	<p>27</p> 
<p>28</p> 	<p>29</p> <p>10:00 A.M. Coffee, Tea 10:30 A.M. Senior Trivia 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Pokeno 1:00 P.M. Ladies Red Hat Club</p>	<p>30</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Read Aloud 11:00 A.M. Exercise w/Staff 12:00 P.M. Chat/Chew 1:00 P.M. Bingo</p>	<p>31</p> <p>10:00 A.M. Coffee, Tea & Talk 10:30 A.M. Daily Chronicles 11:00 A.M. Exercise w/YMCA 12:00 P.M. Chat/Chew 1:00 P.M. Creative Couture Jewelry Design and Circle of Friends w/Lillian</p>	<p>Genevieve N Johnson Senior Day Care Center Lisa Thomas, Project Manager 4817 Blagden Avenue, N.W. Washington, DC 20011 (202) 723 – 8537 – Main Number (202) 726 -1474 – Fax</p>		