

# December 2022

# Calendar of Events

Kelli Martin, Activity Coordinator

| Sunday   | Monday  | Tuesday   | Wednesday  | Thursday   | Friday  | Saturday   |
|--|---|---|--|--|---|--|
| <p><b>Zion Baptist Church Family Life Center</b><br/> <b>Genevieve N. Johnson Senior Program</b><br/>                     4817 Blagden Avenue, N. W.<br/>                     Washington, DC 20011<br/>                     (2) 723 – 8537 (2) 726 – 1474 - Fax Thelma Burless, Executive Director</p> |   |   |    | <p><b>1</b></p> <p>10:00am Culture and Coffee<br/>                     11:00am Holiday Cheer Sing-Along (Holiday Songs)<br/>                     12:00pm LUNCH<br/>                     1:00pm Book Club w/Kerry</p>   | <p><b>2</b></p> <p>10:00am Coffee/Tea/Post<br/> <b>10:30am Tree Trimming Party</b><br/>                     11:30am Health Talk w/Nurse Wells<br/>                     12:00pm LUNCH<br/>                     1:00pm Yoga w/Beth</p>  |                                 |
| <p><b>6</b></p>  <p><b>The Season for Giving, Loving and Sharing</b></p>   | <p><b>5</b></p> <p>10:00am AFTA Daring Duos<br/>                     11:00am Exercise w/Vernon Young YMCA<br/>                     12:00pm LUNCH<br/>                     1:00pm Health Talk w/ Nurse Wells</p>   | <p><b>6</b></p> <p>10:30am Trip Mayor Bowser's Annual Senior Holiday Celebration (DC Armory)</p>  | <p><b>7</b></p> <p>10:00am Cultural Enrichment<br/>                     10:45am-12:00pm Holiday Treats (Lemon Pie w/Elouise)<br/>                     12:00pm LUNCH<br/> <b>1:00pm Jewelry Design w/CC</b><br/>                     1:00pm Health Topics w/Nurse Padgett</p>                     | <p><b>8</b></p> <p>10:00am Coffee/Tea/Post<br/> <b>10:30am Caroling Outside</b><br/>                     11:00am Holiday Hustle exercise w/ Elouise<br/>                     12:00pm LUNCH<br/> <b>1:00pm Art Social w/Angela (Angels with Angela)</b></p>                                 | <p><b>9</b></p> <p>10:00am Tea &amp; Tea Biscuits<br/> <b>10:30am Trip Gingerbread House Darnel's Chance</b><br/>                     10:30am-11:15am Holiday Art<br/>                     11:15am Health w/RN Wells<br/>                     12:00pm LUNCH<br/>                     1:00pm Charades w/Angela</p> | <p><b>10</b></p>                |
| <p><b>11</b></p>    | <p><b>12</b></p> <p>10:00am AFTA Poetry &amp; Theater<br/>                     11:00am Exercise w/Vernon Young YMCA<br/>                     12:00pm LUNCH<br/> <b>1:00pm Birthday Social w/Bill Crews</b></p>  | <p><b>13</b></p> <p>10:00am Hot Chocolate and Hot Topics<br/> <b>10:30 Art Therapy w/Dominique Hughes</b><br/>                     11:30am Christmas History<br/>                     12:00pm LUNCH<br/>                     1:00pm Sports Talk w/Kerry</p> | <p><b>14</b></p> <p>10:00am Tea &amp; Crumpets<br/>                     10:30am Christmas Songs<br/>                     11:00am Health Talk w/Nurse Padgett<br/>                     12:00pm LUNCH<br/> <b>1:00pm Jewelry Design w/CC</b><br/>                     1:00pm Book Club w/Kerry</p> | <p><b>15</b></p> <p>10:00am Hot Tea and Topics<br/> <b>10:30am-1:00pm Trip Pizza Party at IONA Day Program</b><br/> <b>10:30-12:00pm Christmas Movie w/Andrain &amp; popcorn</b><br/>                     12:00pm LUNCH<br/>                     1:00pm Holiday History</p>                | <p><b>16</b></p> <p>10:00am Tea/Gingerbread<br/> <b>10:30am-11:30am Stocking Decorating w/Holiday Jams</b><br/>                     11:30am Health Talk w/Nurse Wells<br/>                     12:00pm LUNCH<br/>                     1:00pm Yoga w/Beth</p>  | <p><b>17</b></p>                |
|    | <p><b>19</b></p> <p>10:00am Coffee/Tea/Post<br/>                     10:30am Stretching w/EH<br/>                     11:00am Exercise w/Vernon Young YMCA<br/>                     12:00pm LUNCH<br/>                     1:00pm Book Club w/Kerry<br/>                     Health Talk w/ Nurse Wells</p> | <p><b>20</b></p> <p>10:00am Coffee/Tea/ Post<br/> <b>10:30am-11:30am Decorating Christmas Cookies w/Andrain &amp; Kelli (Reminiscing)</b><br/>                     12:00pm LUNCH<br/> <b>1:00pm Decorate Santa Hats with Aaron Nevil Hits</b></p>           | <p><b>21</b></p> <p>10:00am Hot Chocolate and Hot topics<br/>                     11:00am Book club w/Kerry &amp; Linked Senior w/Andrain<br/>                     12:00pm LUNCH<br/> <b>12:30pm Annual Christmas Party Bill Davis Jazz Ensemble</b></p>   | <p><b>22</b></p> <p>10:00am Coffee &amp; DC Culture<br/> <b>10:30am Trip to Mormon Temple (Kensington, MD)</b><br/>                     10:30am-12:00pm Movie (A Miracle on 34th Street)<br/>                     12:00pm LUNCH<br/>                     1:00pm Zion &amp; GNJ History</p> | <p><b>23</b></p> <p>10:00am Coffee/Tea/Post<br/>                     10:30am Christmas Wishes<br/>                     11:00am Health Talk RN Wells<br/>                     12:00pm LUNCH<br/>                     1:00pm Bowling for Stocking Stuffers</p>  | <p><b>24</b></p>              |
| <p><b>25</b></p> <p><b>Christmas Day</b> </p>   | <p><b>26</b></p> <p><b>CENTER IS CLOSED FOR THE HOLIDAY!!</b></p>   | <p><b>27</b></p> <p><b>CENTER IS CLOSED FOR THE HOLIDAY!!</b></p>   | <p><b>28</b></p> <p>10:00am Cultural Enrichment<br/>                     10:30-11:30am Health Topics w/ Nurse Padgett<br/>                     11:30am: New Year's songs<br/>                     12:00pm LUNCH<br/>                     1:00pm Book club w/Kerry</p>                            | <p><b>29</b></p> <p>10:00am Coffee/Tea/Post<br/>                     10:30-11:45 New Year's Pokeno for prizes<br/>                     12:00pm LUNCH<br/>                     1:00pm New Year's calendar review</p>  | <p><b>30</b></p> <p>10:00am Apple Cider/Post<br/>                     11:00am-12:00pm New Year's Health topic w/Nurse Wells<br/>                     12:00pm LUNCH<br/> <b>12:30pm New Year's Eve w/Kendra Holt Quintet</b></p>   | <p><b>Happy New Year</b> </p> |